

Rayna Howard

Teaching Artist-Instructor

Rayna is a passionate artist and educator. She has been a choreographer, poet, and actor since 2016. She has worked as a teaching artist for the past three years, developing her own teaching style that has assisted her students in developing deeper connections with their bodies and emotions in order to expand their storytelling skills.

She co-founded BGC Productions, a film company, in 2019 and has worked with a variety of Minnesota artists, assisting with casting, directing, and cinematography. She has been assisting in co-directing for Legacy Arts Group, a youth-run theater program, this past year as they prepare for the Edinburgh Fringe festival in August 2022.

Her training has been mostly based on observation and hands-on experience. She is now pursuing a bachelor's degree in holistic wellness and therapeutic movement at Metropolitan State University, with the intention of incorporating this into her work and coaching. She believes that everyone has a narrative to tell and that art can be used not only to express oneself but also to cure oneself.
